

REBUILD & RESTORE

A SEASON OF PRAYER & FASTING FOR THE MORGANTOWN CHURCH
reflecting on the story of Nehemiah for 2021

As a church family, our month of prayer and fasting at the beginning of 2020 gave us strength to walk through a tumultuous year. As we look ahead to the future that God has for us, there are many question marks and uncertainties that define 2021, but one thing is certain: we want to seek God for renewal and hope. We are preparing to do that through prayer and fasting for 2021.

From Sunday, **March 7** through Sunday, **April 4 (Easter Sunday)** we are being asked to commit to two simple things as we whole heartedly seek God together.

PRAYER

First, we are asking that everyone who considers Morgantown Church their home to commit to set aside time to **pray everyday**, intentionally and fervently. We will be providing a month-long prayer guide centered on the story of Nehemiah to help jump start your time in prayer. Inspired by that revival story of Nehemiah rebuilding a nation, we are seeking God in three areas of rebuilding and restoration:

1. **Renewal** of our hearts to seek him first
2. **Reconnection** to deep spiritual community
3. **Reengagement** for the disciple-making mission

FASTING

Second, we are asking that each of you take **your next step in fasting**. Many of us have experience in fasting and will be taking a step into a deeper experience. Others are completely new to the journey and will be taking the first steps in fasting. Where ever you are in your experience in fasting and relationship with Jesus, there is a place for you to take your next step!

Last year we provided copies of a short primer on fasting called **Revival Starts Here** by Dave Clayton. It gives a practical overview of what fasting is all about. More copies are available through the church office for this year. You can find links to audio and e-book versions, plus several other compiled resources on our website at morgantowncoc.org/fasting.

GETTING READY

1 CHOOSE YOUR FAST

Start by deciding how you will fast during this prayer journey. Take a little time to let God prepare your heart by reading *Revival Starts Here*. See pages 45-49 for practical ways to chose your fast, and explore the other resources at morgantowncoc.org/fasting.

- Read pages 45-49 of *Revival Starts Here*

2 BEGIN TO PREPARE

Next set aside some time to prepare your mind, body, heart, and community for this journey. See pages 49-51 of *Revival Starts Here* for helpful tips. You can also go to morgantowncoc.org/fasting for links to other resources to help answer practical questions.

- Read pages 49-51 of *Revival Starts Here*

3 PRAY INTENTIONALLY

During this season of prayer, we want to take time to specifically pray for our neighbors, coworkers, classmates, family members, friends, and MCOC family members. Begin to ask God to reveal to you people you know for whom you can be praying this season. There will be space to write their names on your prayer guide.